

Registration:

**Vicarious Trauma
February 15, 2012**

Agency Name: _____

Address: _____

Agency Contact: _____

Daytime Phone: (____) _____

Names of Attendees:

(Please indicate if attendee needs a Social Worker or
Counselor Certificate or a Certificate of Attendance.)

Pre-registration is due by **February 10, 2012.**

Tuition is \$35 per person for members or \$45 for
non-members. Make your check payable to:

The Southwest Ohio Regional Training Consortium

and mail it to:

Amanda Sacksteder
The Children's Home of Cincinnati
5050 Madison Ave
Cincinnati, OH 45227

For more information, please call
Amanda Sacksteder: (513) 272-2800

**Southwest Ohio Regional Training
Consortium Mission Statement:**

The Regional Training Consortium is a committee
representing public and private child caring
agencies in southwest Ohio and Northern
Kentucky which provides care and services for
children and families in need. The mission of the
consortium is to enhance the quality of care for
children and families by providing professional
development opportunities for child and youth care
providers.

*The Children's Home of Cincinnati is accessible to
wheelchairs. If you need any of the auxiliary aids or
services identified in the Americans with Disabilities Act,
please call Amanda Sacksteder at (513) 272-2800.*

VICARIOUS TRAUMA

Featuring

Michael Robinson MA

February 15, 2012

held at

**The Children's Home of
Cincinnati
5050 Madison Rd.
Cincinnati, OH 45227**

from

9:00 a.m. – 12:15 p.m.



**REGIONAL
TRAINING
CONSORTIUM
— OF —
SOUTHWEST OHIO**

About the Presenters:

Michael holds a Master's Degree (and post-master's study) in Counseling from New York University. He is licensed by the State of Ohio as a Professional Clinical Counselor with the Supervisory endorsement (PCC-S). He has been in community mental health as a provider, supervisor and manager for over 30 years in three states. Mike has taught at both the undergraduate and graduate levels and has conducted trainings in mental health related issues to a variety of audiences including police officers, teachers, juvenile court magistrates, children's protective services, CASAs, and guardians ad litem. Mike is also in private practice locally where he sees children, families, and adults. Mike has published research in Men's Family Roles and is recognized for his expertise in the area of mental health needs of adopted children and their families. He is trained in Trauma Focused Cognitive Behavioral Therapy as well as other intervention strategies. First and foremost Mike considers himself an advocate for children, especially those impacted by mental illness.

About the Workshop:

Through a combination of didactic, experiential and self-assessment exercises attendees will learn what Vicarious Trauma is and how to better manage it. VT is epidemic in the lives of those who work in the "helping professions", whether we are aware of it or not. As we are expected to do more with less; as the needs of those we serve are greater than ever before; and as the acuity and magnitude of traumatic events become clearer, our clients' trauma unavoidably becomes our secondary trauma. This training will help you learn about VT, how to recognize it in yourself and others, how to stay healthy in the face of VT, and how to help your agency or work place do the same.

Objectives:

- 1) Gain a clear definition of Vicarious Trauma
- 2) Assess the impact of VT on one's daily work
- 3) Identify Individual, Organizational and Societal stressors contributing to VT
- 4) Learn ways to manage VT in one's life .

Program Outline:

Introduction
Self Assessment
Discussion of Vicarious Trauma
VT facts with definitions
Small Group breakout with Assessment
Review of Small Group Discussion
Self Management, Coping Skills, and
Staying Healthy
Conclusion

Who Should Attend:

- Counselors
- Psychologists
- Youth Workers
- Social Workers

Directions to The Children's Home:

From **I-71** take **Red Bank Road (Exit 9)**. At the second traffic light turn right onto Madison Road. Then take the next available right turn into The Children's Home's drive at **5050 Madison Road**. Follow the drive to the right. Then take the first available right turn (to the parking areas). Enter the two-story **Emery Building** (by last turn) through the front or side doors. See receptionist for directions to **Training Room 101**.

Continuing Education Credit:

3 hours

- Ohio Social Worker and Counselor Board. This workshop may meet the requirement for Nurse's CNE's.
- The Children's Home of Cincinnati is approved by the **Ohio Social Worker and Counselor Board** for continuing education. This workshop meets the criteria for **3 hours** of credit applicable towards re-licensure.

Registration Information:

Date: February 15, 2012

Time: 8:30 a.m. – Registration
9:00 a.m. – 12:15 p.m. – Workshop

Location: The Children's Home of Cincinnati
5050 Madison Road
Cincinnati, OH 45227

Tuition: Tuition for the workshop is \$35 per person for members and \$45 per person for non-members, which includes continental breakfast, breaks, and packet materials.

Pre-register by: February 10, 2012

Refunds: Registration, less \$5 for processing, will be refunded if cancellation notice is received 7 days prior to the start of the seminar. "No Shows" will not be credited.