

The Fatherhood Scale

Directions: Think about your relationship with your father during your childhood and adolescence. Thinking about that person, answer each question by placing a number between 1 and 5 on the line before each question. Please choose a number that most accurately reflects your perceptions of the relationship with your father or the person you identify as your father while you were growing up from the choices below.

1 = Never 2 = Rarely 3 = Sometimes 4 = Often 5 = Always

1. _____ My father helped me with my homework.
2. _____ My father talked to me about my personal problems.
3. _____ My father took me on activities.
4. _____ My father told me that he loved me.
5. _____ My father told me that I was a good boy/girl.
6. _____ My father is a caring person.
7. _____ My father attended school conferences.
8. _____ During my childhood I felt close to my father.
9. _____ During my teen years my father and I did things together.
10. _____ My father liked to spend time with me.
11. _____ My father spanked me.
12. _____ I felt close to my father as a teenager.
13. _____ My father hit my mother.
14. _____ I know that my father cared about me.
15. _____ My father was ashamed of me as a child.
16. _____ My dad taught me to fight back.
17. _____ My father made sure I had the things I needed such as clothing & toys.
18. _____ My father read to me as a child.

19. _____ My father provided well for us financially.
20. _____ My father used to say things that hurt my feelings.
21. _____ My father encouraged me to say what I felt.
22. _____ My dad showed interest in my school work.
23. _____ My father hugged me.
24. _____ My father is a good man.
25. _____ When I got in trouble, my father would punish me physically.
26. _____ My father taught me right from wrong.
27. _____ I saw my father beat my mother.
28. _____ I saw my father cry.
29. _____ My father was a good breadwinner for the family.
30. _____ My father helped me solve my problems.
31. _____ I could talk to my father about anything.
32. _____ My father went to church with me.
33. _____ I remember playing sports with my father.
34. _____ My father helped my mother clean the house.
35. _____ My father comforted me when I was feeling bad.
36. _____ My Dad was always employed while I was growing up.
37. _____ My father made me feel special.
38. _____ When I got angry I used to talk things over with my dad.
39. _____ My father and I enjoyed time together.
40. _____ My dad would talk to me about things going on in the world.
41. _____ My father was loving towards me.
42. _____ I was abused by my father.

43. _____ My father talked to me about sex.
44. _____ My father use to say grace at mealtime.
45. _____ When I was a child, my father shouted at me if I did something wrong.
46. _____ I have warm feelings toward my father.
47. _____ I felt my father was critical of me.
48. _____ My dad taught me what it was like to be a man.
49. _____ My dad attended sporting events in which I played.
50. _____ My father and I had good times together.
51. _____ My father instilled important values in me.
52. _____ My dad took me to the doctor.
53. _____ My father is a kind man.
54. _____ My father understood me.
55. _____ I told my father that I loved him.
56. _____ My father was around when I needed him.
57. _____ My father praised me.
58. _____ My father is mean.
59. _____ My father use to get angry and say he didn't like me.
60. _____ My dad attended school activities in which I participated.
61. _____ My dad talked to me about God.
62. _____ My father showed concern when I got hurt.
63. _____ I saw my father hit one of my siblings.
64. _____ My dad would cook meals.